

## Course Information

### Understanding Dementia

#### **Course Overview**

This course provides an awareness of what dementia is, how it can affect people and the impact it can have on their life. Participants will explore factors that can affect communication, perceptions and memory difficulties. There will be opportunities to interact with others and share experiences.

#### **Who should attend this training**

This course is suitable for anyone wishing to gain knowledge and understanding about dementia, and/or for people who engage with someone living with dementia. This may be in either a personal or business related context.

Previous dementia awareness is not essential.

#### **Learning Outcomes**

- Understanding of dementia and how it presents itself
- An overview of the main types of dementia
- Explore attitudes towards people living with dementia
- Identify the effect dementia has on individuals and their carer
- Identify the importance of positive and negative communication
- Utilise appropriate communication techniques

#### **Delivery, venues,**

This is a 1 hour session. All our courses can be delivered either in house at your place of work, at another location that you've sourced, or at a venue arranged by Reconnect. Groups are of a manageable size (min 6 - 20 max) to enable all delegates to participate fully and communicate with confidence in a safe environment. For information on course fees please contact us

For further information and to discuss your requirements please contact us:  
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